

# GENERAL INFORMATION

## 5<sup>th</sup> European Taekwon-Do Cup

### 1.0 DATES, VENUE AND ACCOMMODATION

#### 1.1 Dates

The **5<sup>th</sup> European Taekwon-Do Cup** will be held on Saturday 2<sup>nd</sup> and Sunday 3<sup>rd</sup> March 2013 in Arena Samokov Sports Hall, city Samokov, Sofia District, Bulgaria. All competitors must register and weigh in on Friday 1<sup>st</sup> March 2013 at Arena Samokov, from 10:00 to 17:00 hours. Participants will depart on Monday 4<sup>th</sup> March.

#### 1.2 Promoter:

All Europe Taekwon-Do Federation (AETF) [www.itfeurope.org](http://www.itfeurope.org)

#### 1.3 Organizer:

Bulgarian Association of Taekwon-Do [www.taekwondo.bg](http://www.taekwondo.bg)  
 Central Police Taekwon-Do Club

#### 1.4. Competition:

This competition is for AETF affiliated schools, clubs and/or gym members from the promoting Federation except in special cases where personal invitations have been sent out. Any non-members interested in participating in these Championships must seek permission from our National or Allied members. See [www.itfeurope.org](http://www.itfeurope.org) for association details.

#### 1.5 Venue

The competition will be held at Multifunctional Sports Attractions Hall "Arena Samokov", address: 4a Iskar Str., 2500 Samokov, Sofia District, Bulgaria.



- Court dimensions: length – 42 m; width – 25 m; height – 18 m
- Capacity: 2000 spectators; with additional 46 VIPs
- Additional facilities available for all competitors and organizational activities:
  - warm up and training hall /right next to the big hall/ with dimensions: length – 30 m; width – 18 m; height – 8 m;
  - fitness centre;
  - swimming pool;
  - SPA centre;
  - 8 dressing rooms for 20 people each;
  - 2 Umpire rooms;
  - Press conference room;
  - VIP's room;
  - 12 additional rooms for different organizational purposes.



Samokov is a city located in Western Bulgaria, part of Sofia District and is situated 55 kilometres from Downtown Sofia and only 70 kilometres from Airport Sofia, Railway Station Sofia, Central Bus Station Sofia and about 130 kilometres from Airport Plovdiv.

- Airport Sofia



Teams arriving by plane to Airport Sofia may visit the website:

<http://www.sofia-airport.bg/default.aspx>

- Railway Station Sofia



Teams arriving by train to Railway Station Sofia may visit the website:

<http://bdz.bg/index-en.php>

- Central Bus Station Sofia





Teams arriving by bus to Central Bus Station Sofia may visit the website:

<http://www.centralnaavtogara.bg/index.php>

- Airport Plovdiv



Teams arriving by plane to Airport Plovdiv may visit the website:

<http://www.plovdivairport.com/?lang=2>

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**On request from delegations all transport from arrival points in Sofia to hotels and “Arena Samokov” and back will be arranged and paid by the Organizational Committee.**

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- Samokov is a winter sports centre and is situated only 10 km southwards from the worldwide famous mountain resort **Borovets** which has 24 ski slopes with total length of 58 km.



For more information about Borovets you may visit the website:

<http://www.borovets-bg.com/en/>

## 1.6 Accommodation and board

Organizing Committee offers 3 categories of accommodation all of which with **full boards** (in days of competition lunch will be available in the sports hall restaurant):

- Economic (\*hotel) – 34,00 € per night per person inroom with 2, 3 or 4 persons;

Hotel package per person	3 days / 2 nights	4 days / 3 nights	5 days / 4 nights
Application till 4 <sup>th</sup> February 2013 (-10%)	61,20 €	91,80 €	122,40 €
Application from 5 <sup>th</sup> to 22 <sup>nd</sup> February 2013	68,00 €	102,00 €	136,00 €

- Standard (\*\*\*)hotel) – 46,00 € per night per person in room with 2 or 3 persons;

Hotel package per person	3 days / 2 nights	4 days / 3 nights	5 days / 4 nights
Application till 4 <sup>th</sup> February 2013 (-10%)	82,80 €	124,20 €	165,60 €
Application from 5 <sup>th</sup> to 22 <sup>nd</sup> February 2013	92,00 €	138,00 €	184,00 €

- Lux (\*\*\*\*)hotel) - 66,00 € per night per person in a double room.

Hotel package per person	3 days / 2 nights	4 days / 3 nights	5 days / 4 nights
Application till 4 <sup>th</sup> February 2013 (-10%)	118,80 €	178,20 €	237,60 €
Application from 5 <sup>th</sup> to 22 <sup>nd</sup> February 2013	132,00 €	198,00 €	264,00 €

If you would like to stay for a holiday before or after the tournament you may contact us to arrange you special prices for mentioned hotels.

Please note that the number of Economic and Standard accommodation is limited and only the early booking can guarantee you accommodation of the preferred type.

### ATTENTION!

**If the delegates are less than the accommodation booked initially, the delegation will still have to pay for the entire amount for the accommodation. If you don't use booking through the Organizing Committee of the Tournament you will be charged 100,00 € per person for ID card.**

## 2.0 Preliminary timetable:

### 28<sup>th</sup> February 2013 (Thursday)

From 12:00 Arrival and accommodation of teams  
(Meeting point – Arena Samokov)

### 1<sup>st</sup> March 2013 (Friday)

From 10:00 Arrival and accommodation of teams  
(Meeting point – Arena Samokov)

10:00-17:00	Weight in
16:00-18:45	Umpires meeting
19:00-20:00	Dinner
21:00-22:00	Coaches meeting and drawing

### 2<sup>nd</sup> March 2013 (Saturday)

7:00-8:00	Breakfast
9:00-19:00	Qualifiers and finals in all disciplines, awarding ceremony
12:00-15:00	Lunch for competitors

**ATTENTION!** Competition won't be stopped in all competition floors at that time, there will be lunch schedule for the delegations.

19:00-20:30	Official opening ceremony, artistic performance
	Final sparring in the chosen categories
21:00	Dinner

## 3<sup>rd</sup> March 2013 (Sunday)

7:00-8:00	Breakfast
9:00-19:30	Qualifiers and finals in all disciplines, awarding ceremony
12:00-15:00	Lunch for competitors
<b>ATTENTION!</b> Competition won't be stopped in all competition floors at that time, there will be lunch schedule for the delegations.	
19:30-20:00	Awarding ceremony, European Cup awarding
	Closing ceremony
21:00-22:00	Dinner
22:00	Party

## 4<sup>th</sup> March 2013 (Monday)

7:00-12:00	Breakfast and departure of teams or stay for holidays
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## 3.0 RULES AND REQUIREMENTS

### 3.1 Rules

The competition will be held according to the AETF European Cup Rules.

### 3.2 Umpires

The Organizing Committee will cover full board accommodation (no drinks included) for 4 days / 3 nights from Friday March 1<sup>st</sup> 2013 to Monday March 4<sup>th</sup> 2013 for maximum of 2 umpires from each participating school/club/country, by the following criteria:

- School/Club/Country with 0-4 competitors may bring 1 Umpire (not obligatory)
- School/Club/Country with 5-15 competitors must bring 1 Umpire
- School/Club/Country with more than 15 competitors must bring 2 Umpires
- School/Club/Country that do NOT bring an Umpire shall pay a **200,00 €** fine for every missing Umpire.

All applications for umpires must be consulted with Organizing Committee. In case of reached quota, application for umpires may be cancelled (without fine) even for teams with 5 or more competitors.

Umpires will wear the dress requirements as laid down in the ITF Umpire rules.

### ATTENTION!

The umpires must be registered in the online system by **4<sup>th</sup> February**.

## 4.0 FEES

### 4.1 Competitor Fees

Individual entry fee: **60,00 €** per competitor from team/organization member of AETF.  
Individual entry fee: **100,00 €** per competitor from team/ organization **not member** of AETF.

No refunds will be given for any reason even if a competitor is disqualified.

Entry fees include:

- ID card, which is mandatory for the Tournament as an official document for identifying competitors, coaches, umpires and staff. The card is acquired when payment for the accommodation done through the Organizing Committee of the Tournament.
- Free entrance to the Sports Hall

- Transport from the Hotels to the Sports Hall
- Medical assistance during the competition (for competitors)

### ATTENTION!

**Entry fees are paid only in CASH and in EUROS at the registration of competitors. No other forms of payment will be accepted.**

### 5.0 COACHES

Must wear either a training suit or a T-shirt and pants and running shoes while coaching.

Only one (1) coach of a country is allowed entering the coaching zone at the same time. Only a coach can present an official protest.

### 6.0 DEADLINES:

#### ACCOMMODATION:

- The **1<sup>st</sup> deadline** is **4<sup>th</sup> February** by when all delegations have to reserve accommodation taking advantage of 10% discount from the stated accommodation fees. To be able to use the discount by 4<sup>th</sup> February 2013 you need to pay 50% of the total hotel fee by bank transfer.

#### ATTENTION!

**If you make a hotel booking and pay 50 % of the accommodation fee till the first deadline you will receive 10% discount of the total accommodation cost.**

Please note that before the payment of first amount you will need to send a filled accommodation form for approval by the Organizing Committee to the following e-mail: [eurocup2013@taekwondo.bg](mailto:eurocup2013@taekwondo.bg). As soon as possible you shall receive back a draft invoice for confirmation of the amount. All bank charges are on the expense of the sender, Organizing Committee must receive clear amounts in the bank account.

- The **2<sup>nd</sup> deadline** is **22<sup>nd</sup> February**. By this date you must reserve your accommodation. You will either have to pay the remaining 50% at the discounted or 100% of the hotel fees at no discount. Changes in names or other data, without change of total number of the delegates, will not cause any penalty fee.
- After 22<sup>nd</sup> February no accommodation applications will be accepted.
- All payments should be made by bank to the following account:

<p><b>Account holder:</b> CENTRAL POLICE TAEKWON-DO CLUB  <b>Address:</b> "Rakovski" Sports Complex, 18 Balsha Str., 1408 Sofia, Bulgaria  <b>Represented by:</b> Vencislav Ignatov  <b>BANK:</b> RAIFFEISEN BANK  <b>Bank address:</b> "Vitosha" Business Centre, 49 Bulgaria Blvd., Sofia 1404, Bulgaria  <b>IBAN:</b> BG39RZBB91551060418017  <b>BIC:</b> RZBBBGSF</p>
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## COMPETITORS APPLICATION:

- The entry applications will be made electronically by the AETF online system. The preliminary application should be made by the **4<sup>th</sup> February 2013r**. All entry applications must be made till **22<sup>nd</sup> of February 2013.**  
For access to mentioned system you have to contact AETF office at:  
e-mail: [info@itfeurope.org](mailto:info@itfeurope.org); phone/fax. (0-4881) 7431150

## 7.0 CHANGES

### 7.1 Entry Changes

Please note that any change in the entry form made between 22<sup>nd</sup> February and 1<sup>st</sup> March 2013 will incur a charge of **25,00 € each** Once a competitor has entered an event(s) no refunds will be given if the competitor decides to withdraw from an event(s).

### 7.2 Weigh-In

At registration on Friday 1<sup>st</sup> March 2013 from 10:00 till 17:00 hours, if any competitor has not made his/her weight he/she may be moved to other category.

## 8.0 DISPUTES

The referee's decision is final.

## 9.0 EVENTS AND CATEGORIES

The amount of categories will be according to the AETF European Cup Rules.  
The hosts reserve the right to amalgamate/change events on the day of the competition depending on number of participants in categories and divisions.

## 10.0 COMPETITORS DRESS AND SAFETY EQUIPMENT

- Competitors, while competing must wear the "official approved" Taekwon-Do dobok **The participants will be able to use the doboks approved on the last ITF Congress in Brighton and the last AETF Congress in Maribors (with the old and new ITF logo).** The black belt must be of the official dimensions and must indicate the competitor's degree. Female competitors may wear white T-shirt under the dobok jacket.
- All competitors will follow the AETF safety guidelines. All competitors are allowed to wear only the ITF approved safety equipments.
- There will be limited number of **TOP TEN** gloves and feet pads available for use.

## 11.0 INSURANCE AND HEALTH STATUS

The Organizing Committee from Bulgarian side and All Europe Taekwon-Do Federation will not be financially and/or legally responsible for possible injuries related to the stay and participation of the Tournament in Bulgaria. All competitors must be in good condition of health need to have full insurance coverage from their own organization/club/country.

## 12.0 ANTI-DOPING

It is strictly forbidden to take any illegal stimulants that are against the rules of the ITF Anti-doping regulations.

The Organizing Committee has the right to make anti-doping tests on randomly chosen competitors. Each athlete found positive will be sanctioned according to the ITF Anti-doping regulations.

## 13.0 FLAG AND NATIONAL ANTHEM

Each participating country must bring a flag (size 90 X 130 cm) and a CD with their national anthem. The national anthem must be sent also as audio file at any format available to: [eurocup2013@taekwondo.bg](mailto:eurocup2013@taekwondo.bg). The flag and the CD must be delivered at registration and will be returned after the competition.

## 14.0 ADDITIONAL INFORMATION

- **Currency** – Bulgarian lev /BGN/  
1,00 € = 1,95583 BGN
- **Other travel information**
  - **Speed limit:**
    - Speed limit for **cars**:  
50 km/h within towns  
90 km/h outside towns  
140 km/h on motorways
    - Speed limit for **motorcycles, buses and trucks without trailers**:  
50 km/h within towns  
80 km/h outside towns  
100 km/h on motorways
    - Speed limit for **cars, buses and trucks with trailers**:  
50 km/h within towns  
70 km/h outside towns  
100 km/h on motorways
  - **Vignettes**
    - Vignettes are obligatory for all vehicles and are on expense of the arriving delegations.
  - **Lights and seatbelts**
    - In Bulgaria is obligatory to have the lights on during daytime.
    - All seatbelts must be used where available.
  - **Alcohol**
    - Maximum alcohol that category A and B drivers may have in blood is 0.5 grams per kilogram.
- **About Samokov:**
  - Population – 28 000
  - Altitude – 946 m above sea level
  - Temperatures - average minimal: -3,2 °C; average maximal: 6,4 °C.
  - Location: 42° 20' 17.3"N 23° 33' 26.6"E /bus station Samokov/

The registration online is available here:

<http://eurocup2013.pztkd.lublin.pl/>

